

Grand Central's Gluten Free Menu

Please notify staff when you require your meal to be gluten free so chefs can make the appropriate adjustments

Main Course

Chicken Mignon \$25.50

Chicken breast wrapped in bacon topped with mushroom gravy & served with creamy mashed potato

Please allow minimum 25 minutes for chicken dishes

Grand Central's Signature Beef Ribs \$29.90

Slow cooked BBQ beef back ribs served with a tangy BBQ sauce & creamy mashed potato

Grand Central Mixed Grill \$29.90

150gm MSA Porterhouse steak char-grilled to your liking, lamb loin chop, bacon, grilled tomato, fried egg, grilled mushroom & mashed potato served with gravy

300gm MSA Porterhouse Steak \$28.90

300gm MSA Porterhouse steak char-grilled to your liking with gravy & mashed potato

Please allow minimum 30 minutes for well cooked steaks

Grilled Fish 1 Piece \$14.90 2 Pieces \$18.90

Lemon pepper or plain grilled fish with mashed potato, lemon wedge & tartare sauce

Creamy Garlic Prawns Entree \$22.90 Main \$28.90

Prawns pan fried in a creamy garlic sauce, served with salad & steamed rice

Caesar Salad \$19.90

Traditional Caesar salad with Cos lettuce, parmesan, bacon, finished with creamy Caesar dressing & a poached egg

Desserts

Nut Sundae \$6.50

With your choice of topping;

Chocolate/Strawberry/Caramel Topping

Banana Split Sundae \$7.50

With nuts & your choice of topping

All gravy is gluten free including both garlic sauce & seafood sauce